



Cento Lentil Soup

12/15 oz (UPC 70796-80101)

Cento Lentil Soup is composed of nutritious lentils that are cooked to perfection, blended with our special recipe of tomato paste, vegetables and Romano cheese for a delicious home-style soup with no preservatives. Fully prepared, just heat and enjoy.

Nutrition Facts

Serving size 100g

Amount per serving

Calories 68

% Daily Value*

Total Fat 1g **2%**

Saturated Fat 0g **1%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 308mg **13%**

Total Carbohydrate 10g **4%**

Dietary Fiber 2g **7%**

Total Sugar 0g

Includes 0g Added Sugars **0%**

Protein 4g

Vit. D 0.0mcg 0% Calcium 19mg 1%

Iron 1.1mg 6% Potas. 146mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

CONTAINS: MILK.

Ingredients: Water, Lentils, Onions, Celery, Spinach, Tomato Paste, Soybean Oil, Salt, Romano Cheese (Pasteurized Milk, Culture, Salt, Enzymes), Extra Virgin Olive Oil, Natural Flavors.

- Ready to Serve
- Authentic Italian Style



Each 1 can (425g) portion contains:

CALORIES	FAT	CARBS	SODIUM
290	6g	43g	1310mg
% Daily Value	8%	16%	57%

“Trust Your Family With Our Family”

Updated: 08/25/26