



Cento Lupini Beans

12/16 oz (UPC 70796-80006)

Cento Lupini Beans are ready to eat right out of the jar. Simply rinse and pinch off the skin and eat as a snack, drizzle with Cento Extra Virgin Olive Oil, salt and pepper, or add to your favorite dish for an extra intake of fiber and antioxidants.

Nutrition Facts

Serving size 100g

Amount per serving

Calories 133

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 633mg 27%

Total Carbohydrate 10g 3%

Dietary Fiber 3g 13%

Total Sugar 0g

Includes 0g Added Sugars 0%

Protein 17g

Vit. D 0.0mcg 0% Calcium 50mg 7%

Iron 0.0mg 0% Potas. 233mg 7%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

THE LUPIN BEAN IS A LEGUME RELATED TO PEANUTS AND SOYA.

Each 1/4 cup, drained (30g) portion contains:

CALORIES	FAT	CARBS	SODIUM
40	0g	3g	190mg
% Daily Value	0%	1%	8%

Ingredients: Lupini Beans, Water, Salt, Citric Acid, Sodium Benzoate.

- Traditional Snack
- Ready to Eat
- Good Source of Protein



*Images not to scale

"Trust Your Family With Our Family"

Updated: 08/25/26