



Cento Tuna Fish in Olive Oil

24/5 oz (UPC 70796-70051)

MSC Certified and wild caught, Cento Tuna Fish in Olive Oil is solid packed light tuna with no additives or preservatives. Dolphin safe, our tuna is an excellent ingredient in sandwiches and pasta dishes. Pull top for easy opening.

Nutrition Facts

Serving size 100g

Amount per serving

Calories 186

% Daily Value*

Total Fat 10g 12%

Saturated Fat 1g 7%

Trans Fat 0g

Cholesterol 49mg 16%

Sodium 611mg 27%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugar 0g

Includes 0g Added Sugars 0%

Protein 27g

Vit. D 1.7mcg 9% Calcium 9mg 0%

Iron 0.9mg 5% Potas. 345mg 7%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens:

CONTAINS: FISH.

Each 1 can drained (113g) portion contains:

CALORIES	FAT	CARBS	SODIUM
210	11g	0g	690mg
% Daily Value	14%	0%	30%

Ingredients: Light Tuna, Olive Oil, Salt.

- Solid Pack
- In Olive Oil
- Salt Added
- Wild Caught
- Dolphin Safe



*Images not to scale

"Trust Your Family With Our Family"

Updated: 08/25/26